



HIV/AIDS in the Baltimore-Towson Metropolitan Area: An Epidemiological Profile

Colin Flynn, Chief

Center for HIV Surveillance & Epidemiology
Infectious Disease & Environmental Health Admin.
Maryland Department of Health & Mental Hygiene

June 21, 2011



IDEHA Mission

- To improve the health of Marylanders by reducing the transmission of infectious diseases, helping impacted persons live longer, healthier lives, and protecting individuals and communities from environmental health hazards
- We work in partnership with local health departments, providers, community based organizations, and public and private sector agencies to provide public health leadership in the prevention, control, monitoring, and treatment of infectious diseases and environmental health hazards.



Outline



- History
- National Data
- State Data
- Regional Data
- Regional Summary
- Behavioral Surveillance Methods
- Behavioral Surveillance Data



History



MMWR

June 5, 1981 / 30(21);250-2



Pneumocystis Pneumonia – Los Angeles

In the period October 1980-May 1981, 5 young men, all active homosexuals, were treated for biopsy-confirmed *Pneumocystis carinii* pneumonia at 3 different hospitals in Los Angeles, California. Two of the patients died. All 5 patients had laboratory-confirmed previous or current cytomegalovirus (CMV) infection and candidal mucosal infection. Case reports of these patients follow.



MMWR



July 4, 1981 / 30(21);305-8

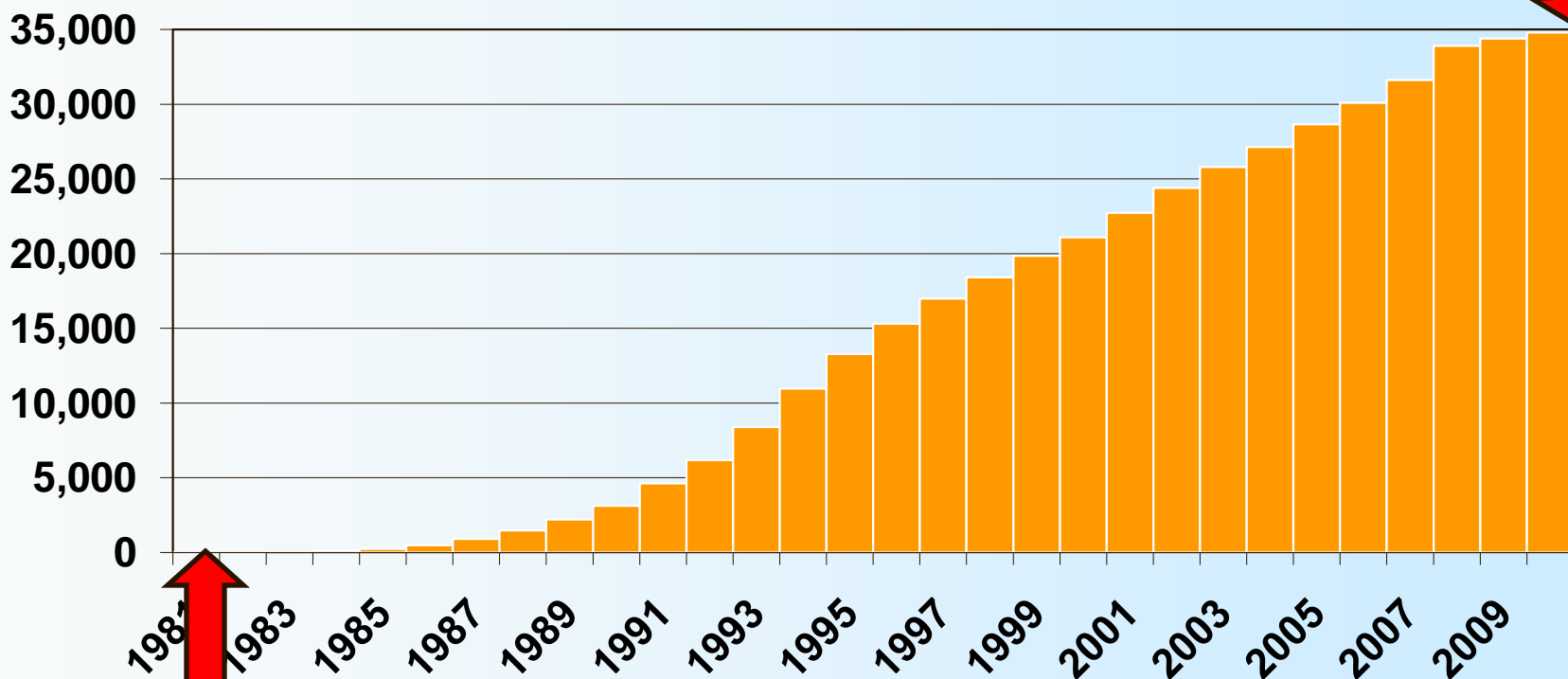
Kaposi's Sarcoma and *Pneumocystis* Pneumonia Among Homosexual Men – New York City and California

During the past 30 months, Kaposi's sarcoma (KS), an uncommonly reported malignancy in the United States, has been diagnosed in 26 homosexual men (20 in New York City [NYC], 6 in California). The 26 patients range in age from 26-51 years (mean 39 years). Eight of these patients died (7 in NYC, 1 in California)—all 8 within 24 months after KS was diagnosed.



Maryland AIDS Case Reports

34,809 Cases by December 31, 2010



First Case October 1981





National Data



2009 Estimated AIDS Diagnoses, Ranked by Rates

<u>STATE/TERRITORY</u>	<u>Cases</u>	<u>Rate per 100,000</u>
1. District of Columbia	718	119.8
2. New York	4,799	24.6
3. Florida	4,392	23.7
4. Maryland	1,134	19.9
5. Louisiana	869	19.4
6. Puerto Rico	735	18.5
7. Delaware	159	18.0
8. New Jersey	1,475	16.9
9. South Carolina	713	15.6
10. Georgia	1,391	14.1
<hr/>		
<i>United States</i>	<i>34,993</i>	<i>11.2</i>



2009 Estimated AIDS Diagnoses, Ranked by Rates

<u>METROPOLITAN AREA</u>	<u>Cases</u>	<u>Rate per 100,000</u>
1 Miami, FL	2,061	37.2
2. Baton Rouge, LA	241	30.6
3. Jacksonville, FL	387	29.1
4. New York, NY-NJ-PA	5,153	27.0
5. Washington, DC-VA-MD-WV	1,455	26.6
6. Columbia, SC	175	23.5
7. Memphis, TN-MS-AR	305	23.3
8. Orlando, FL	485	23.3
9. New Orleans-Metairie-Kenner, LA	274	23.0
10. Baltimore-Towson, MD	614	22.8
<hr/>		
<i>United States</i>	<i>34,981</i>	<i>11.2</i>



State Data



Maryland HIV/AIDS Statistics



Reported Diagnoses (during 2009)	No.	per 100,000	1 in X
HIV	1,521	26.7	
AIDS	692	12.1	

Living Cases (on 12/31/09)

HIV without AIDS	12,373	217.1	
HIV with AIDS	16,707	293.1	

Total HIV	29,080	510.2	196
-----------	--------	-------	-----

Cumulative (through 12/31/10)

Total HIV	48,812		
HIV with AIDS	34,809	(71.3% of HIV)	

AIDS Deaths	17,741	(51.0% of AIDS)	
-------------	--------	-----------------	--

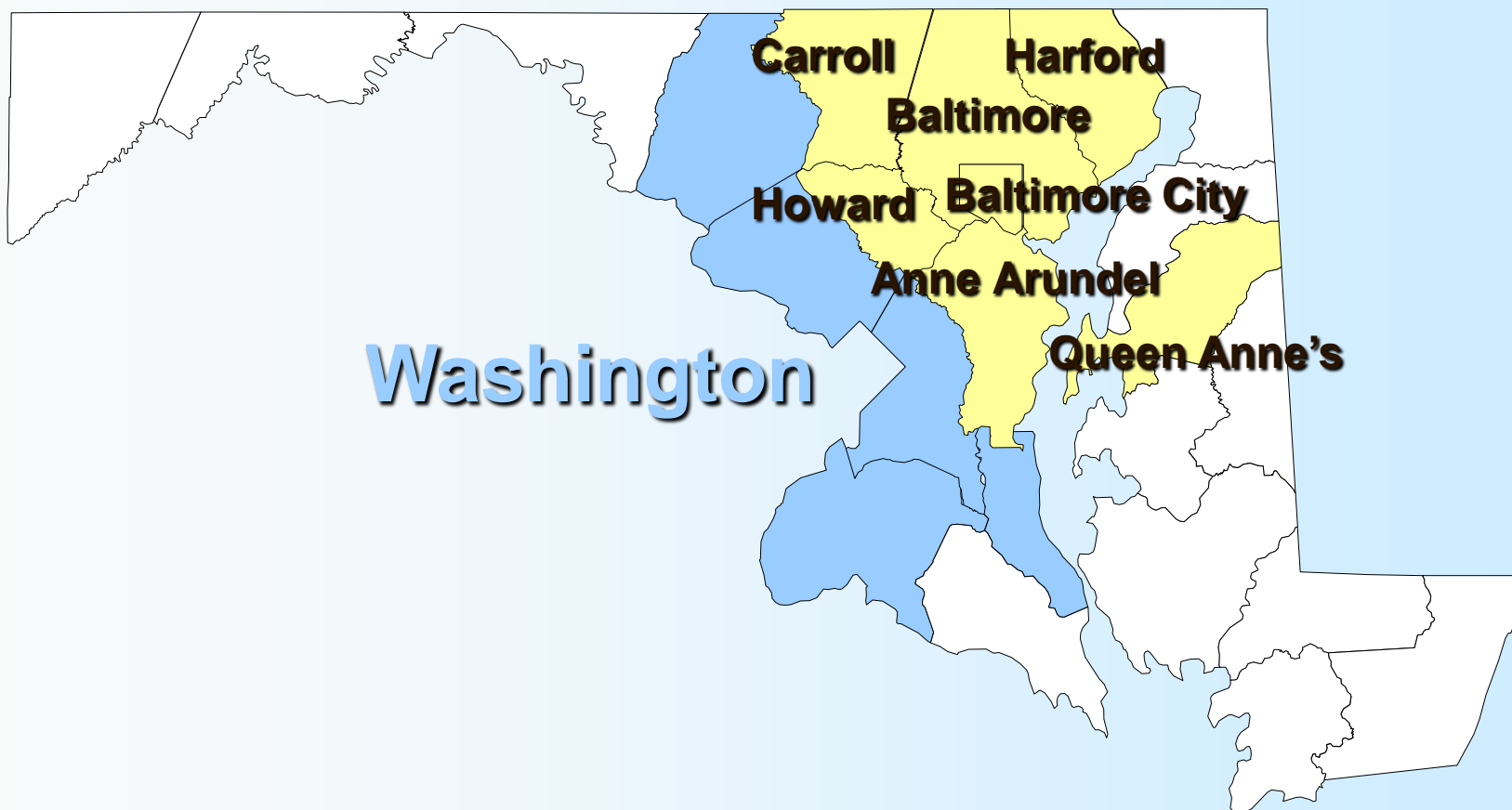
Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



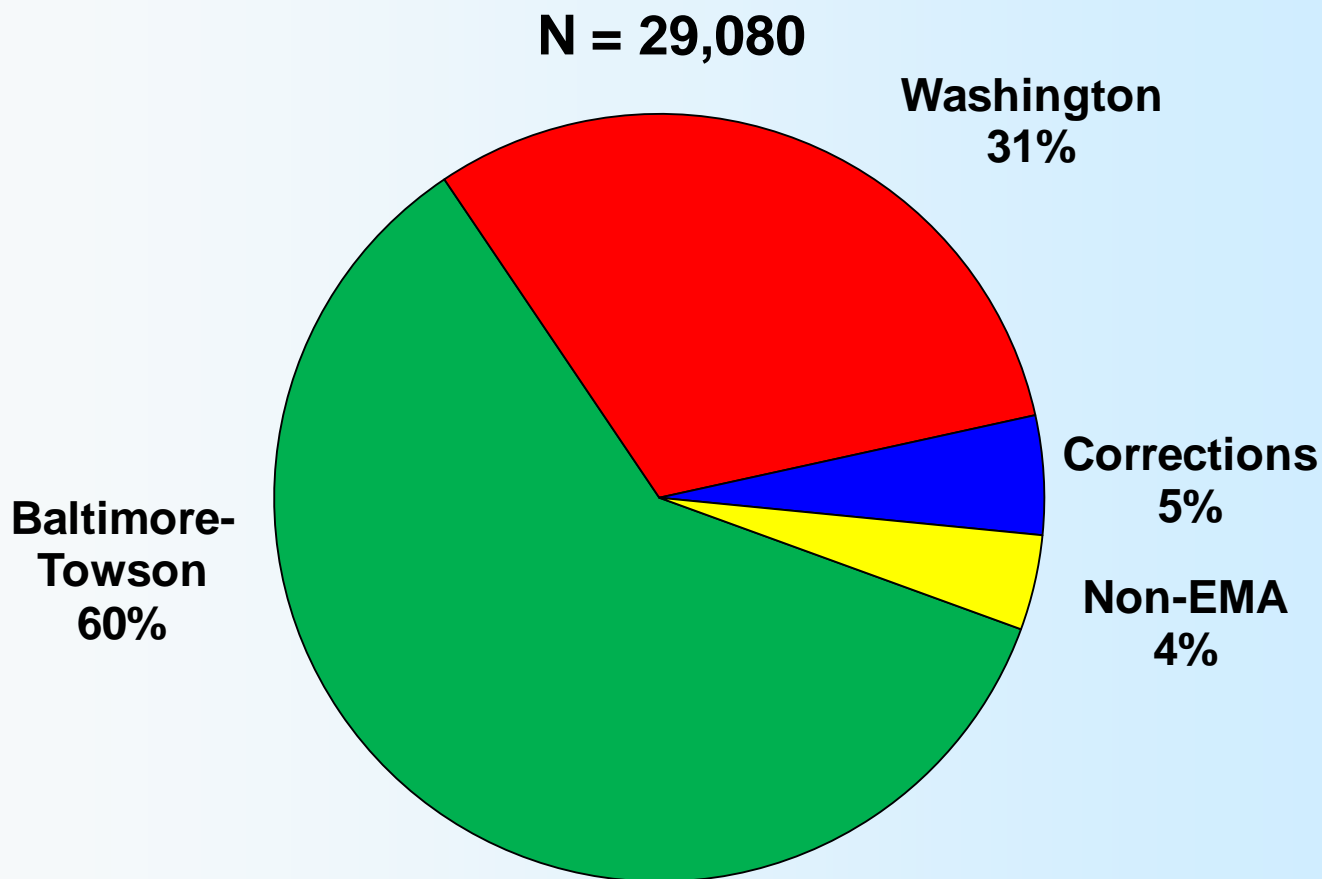
Maryland Ryan White Eligible Metropolitan Areas

Baltimore-Towson





Maryland Living HIV Cases by EMA, 12/31/09



Using data as reported through 12/31/2010



Regional Data



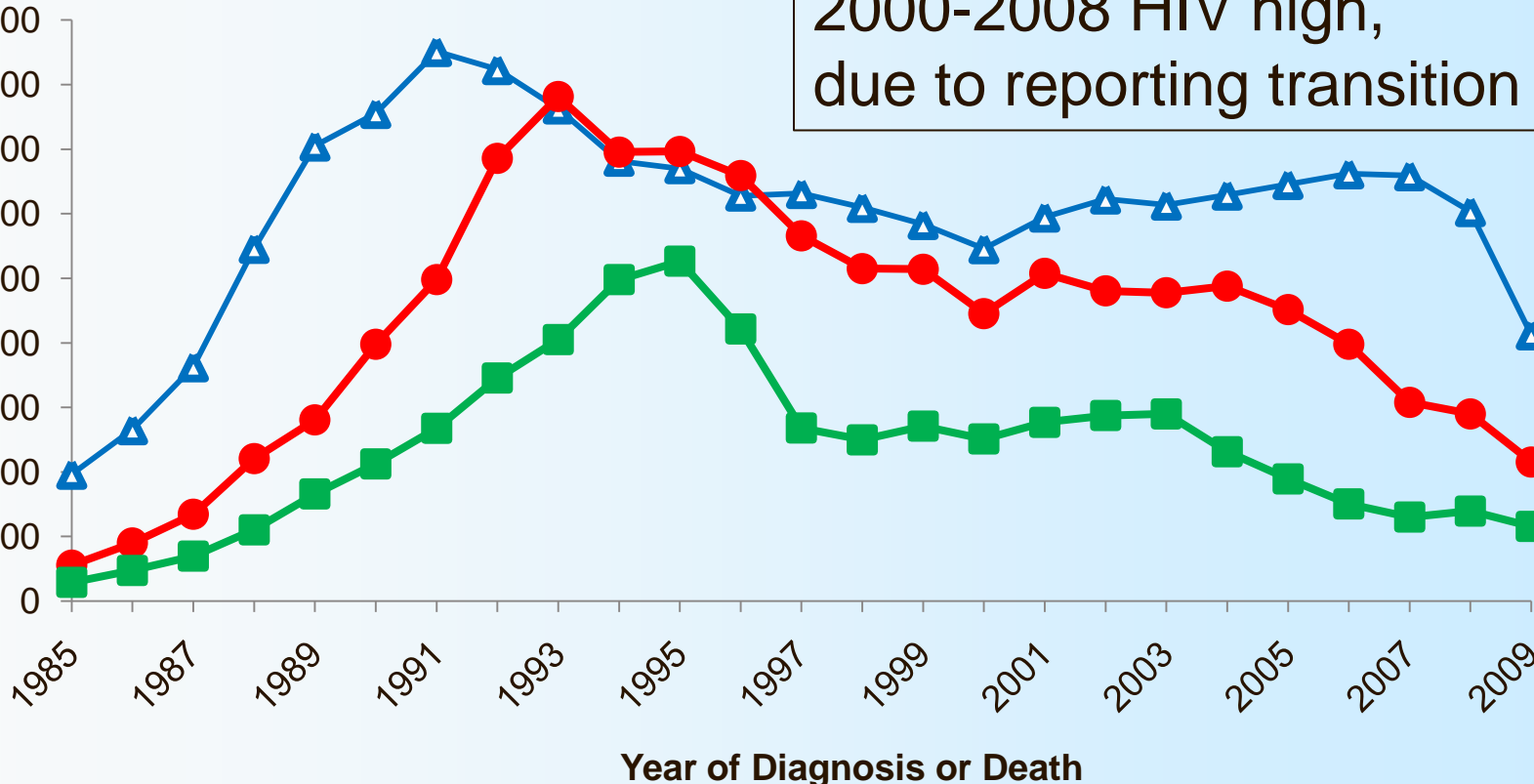
HIV/AIDS Trends

Baltimore-Towson EMA



Number of Events

2000-2008 HIV high,
due to reporting transition



▲ Reported HIV Diagnoses ● Reported AIDS Diagnoses ■ Reported AIDS Deaths

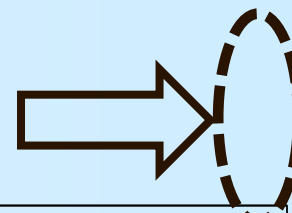
Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011

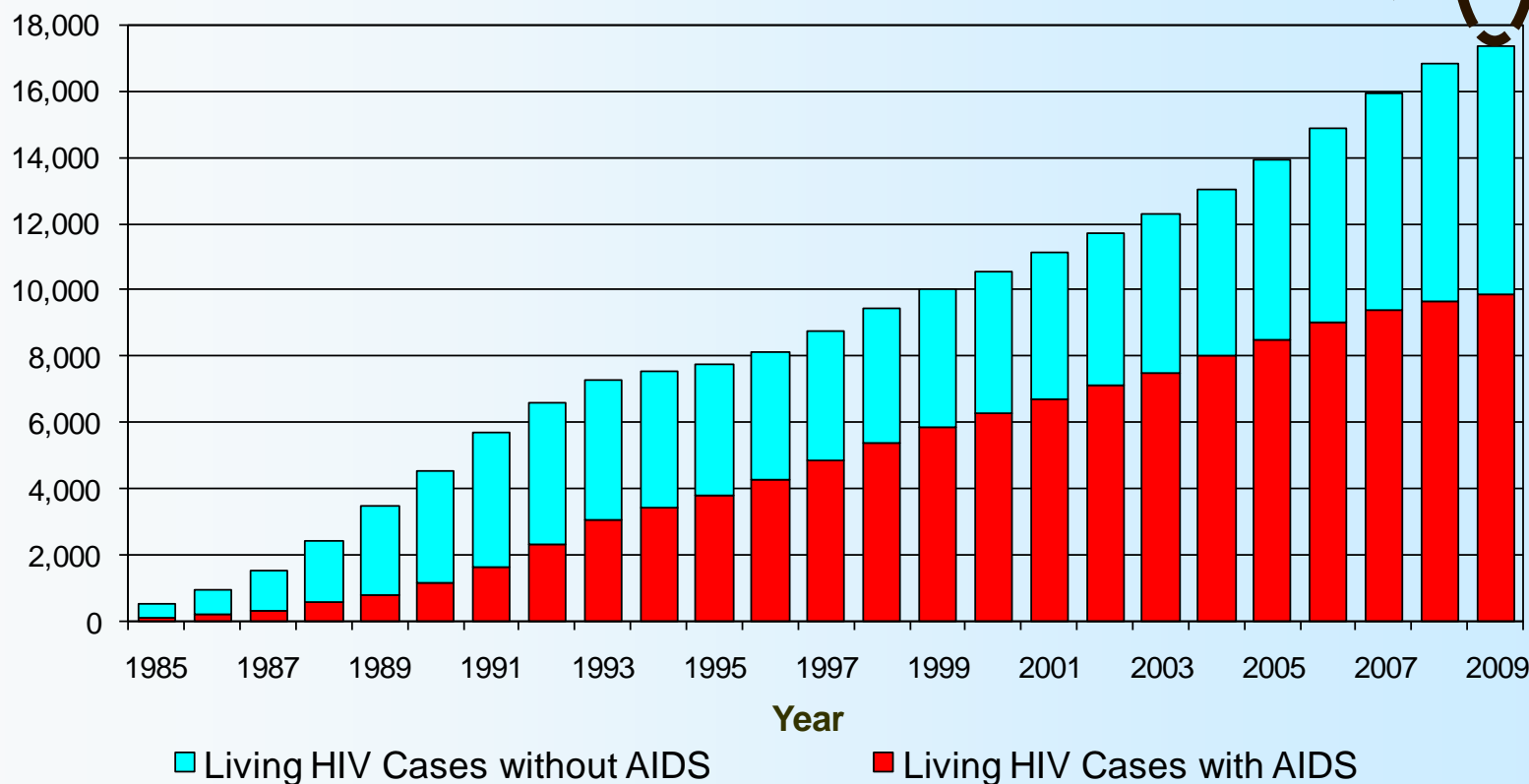


Living HIV Cases Baltimore-Towson EMA

+21% Undiagnosed?



Number of Cases



Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



HIV Statistics

Baltimore-Towson EMA

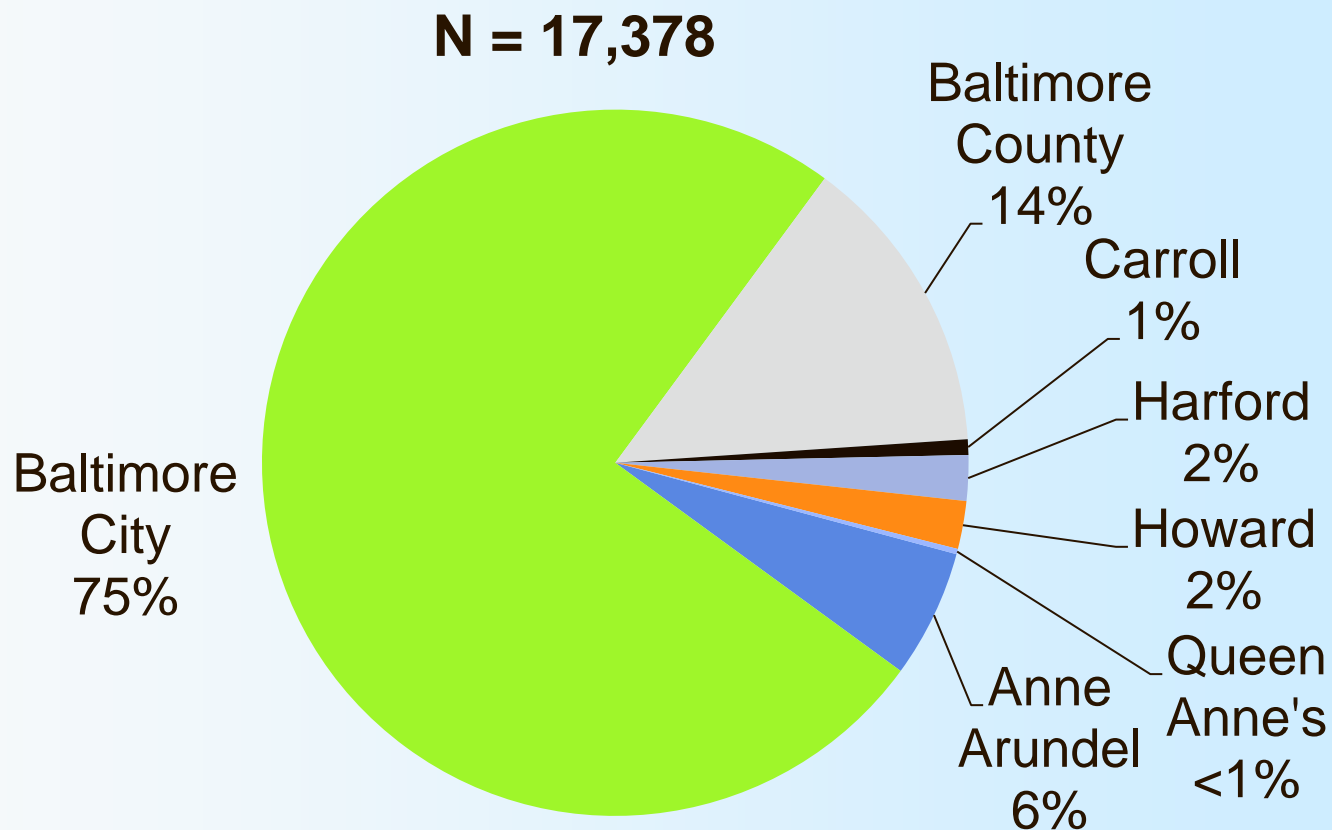
	Reported HIV Diagnoses during 2009	Living HIV Cases on 12/31/2009
Baltimore-Towson	829	17,378
Anne Arundel	67	1,019
Baltimore City	505	13,047
Baltimore County	209	2,403
Carroll	8	124
Harford	14	362
Howard	22	381
Queen Anne's	4	42

Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



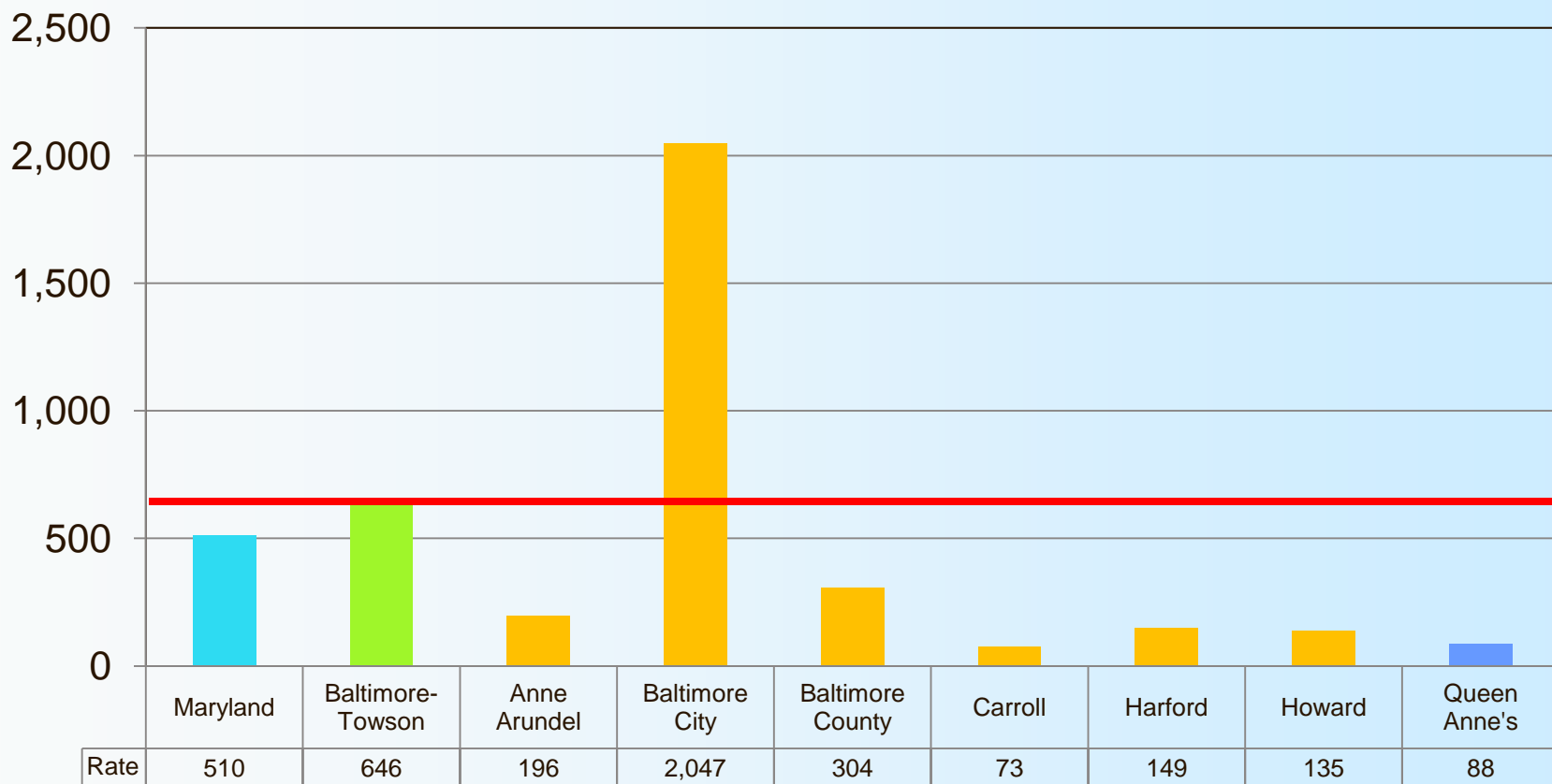
Baltimore-Towson EMA Living HIV Cases by County, 12/31/09



Using data as reported through 12/31/2010



Living HIV Cases Rates per 100,000 Population by County, Baltimore-Towson EMA, 12/31/09

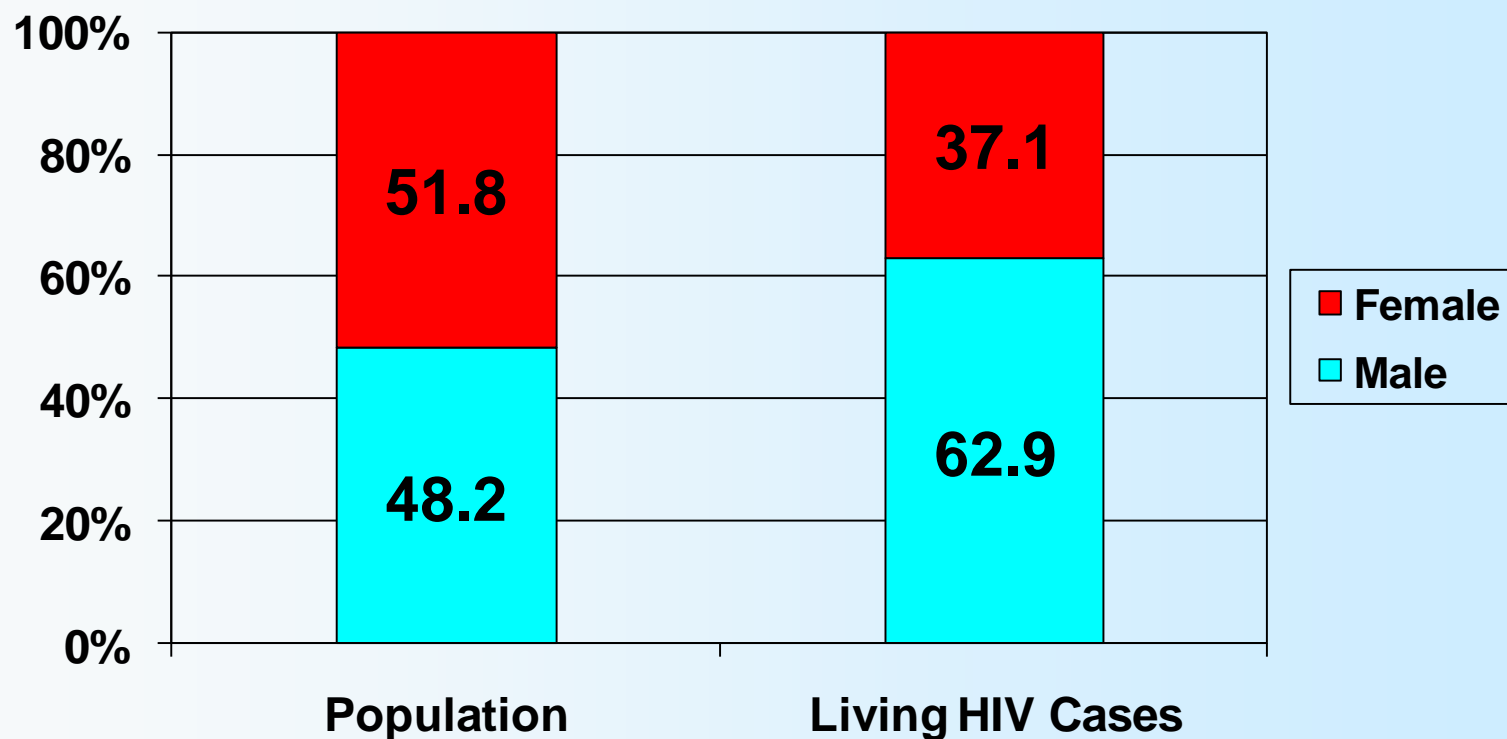


Population on 7/1/09. Cases on 12/31/09
as reported through 12/31/10

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Population and Living HIV Cases by Sex, Baltimore-Towson EMA

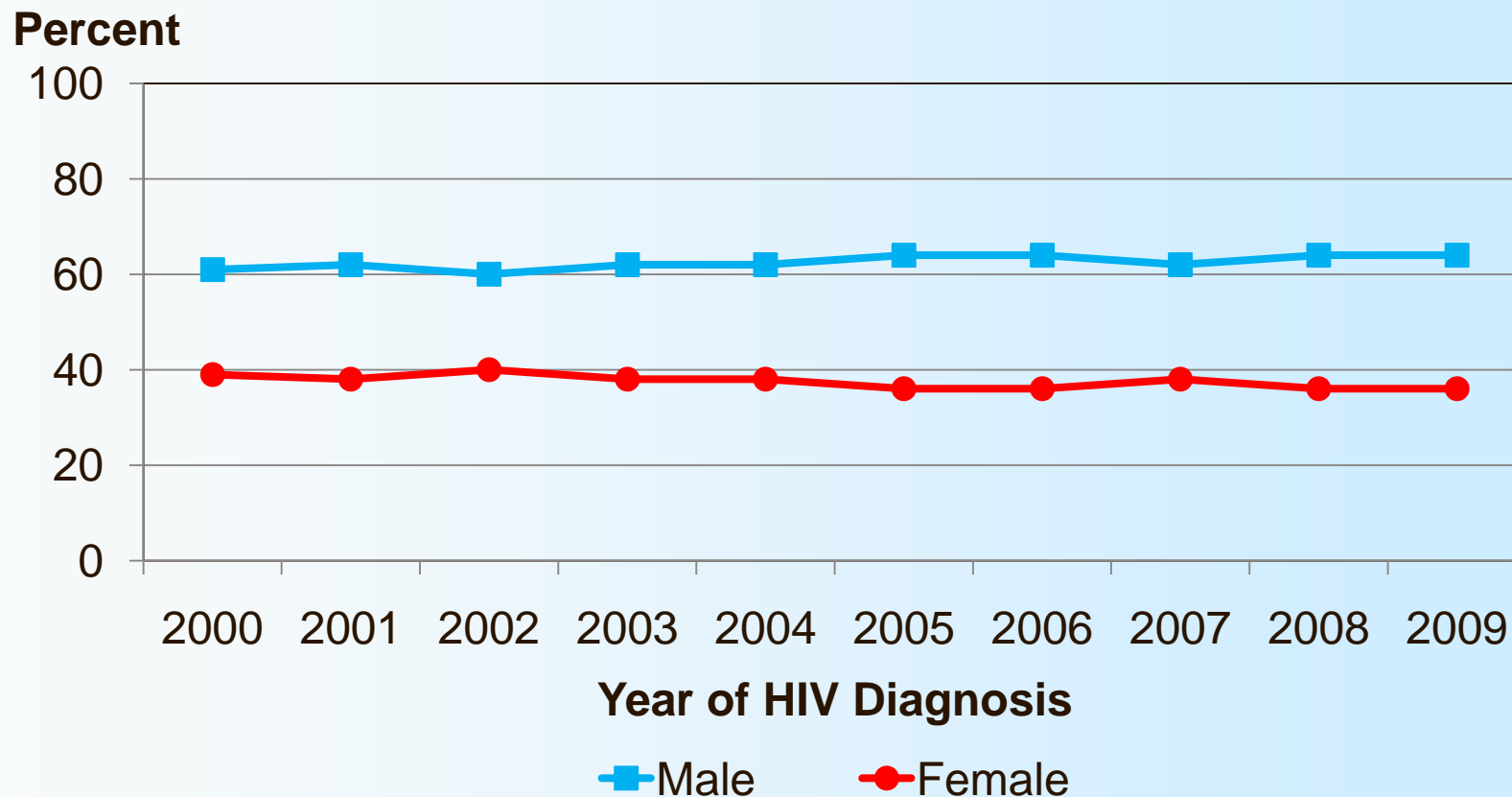


Population on 7/1/09, Cases on 12/31/09
as reported through 12/31/10

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Reported HIV Diagnosis Trends by Sex Baltimore-Towson EMA

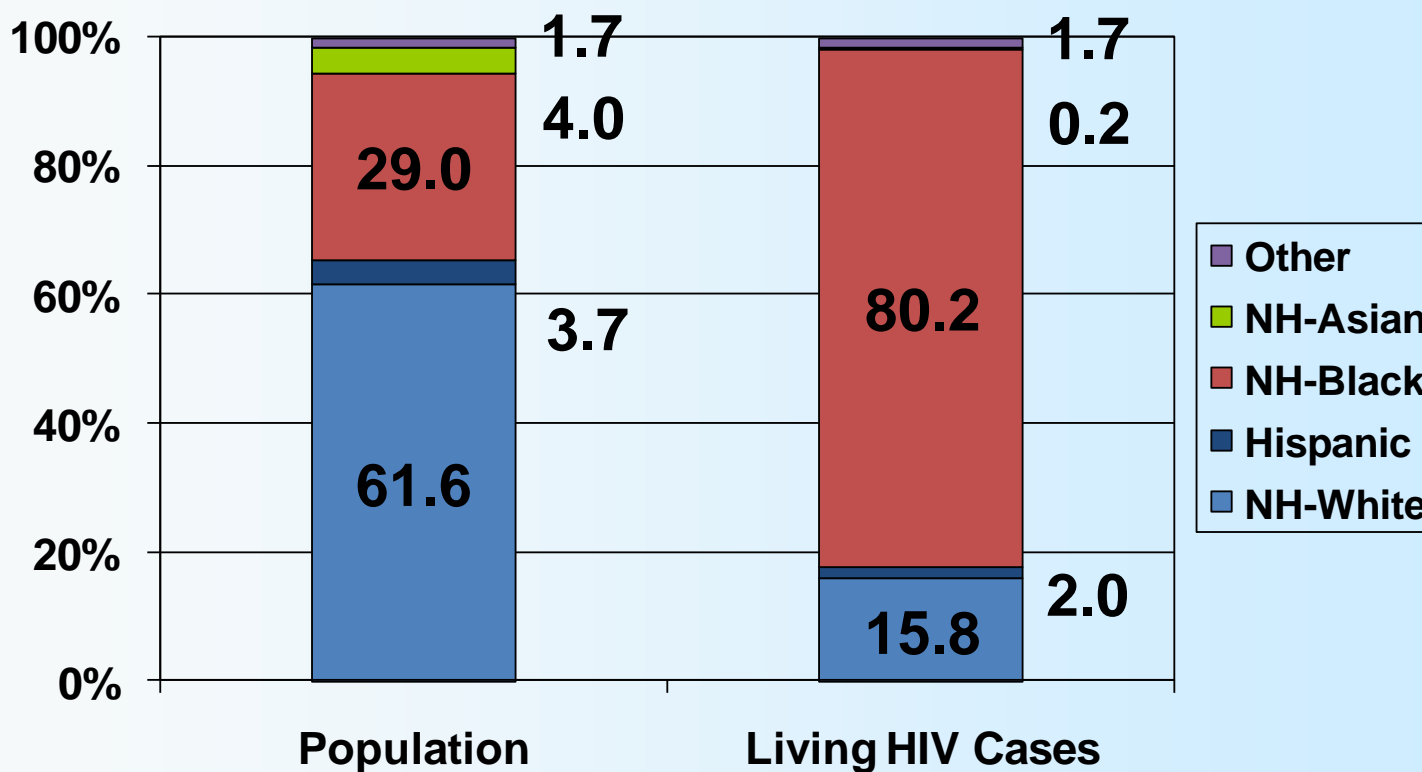


Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Population and Living HIV Cases by Race/Ethnicity Baltimore-Towson EMA

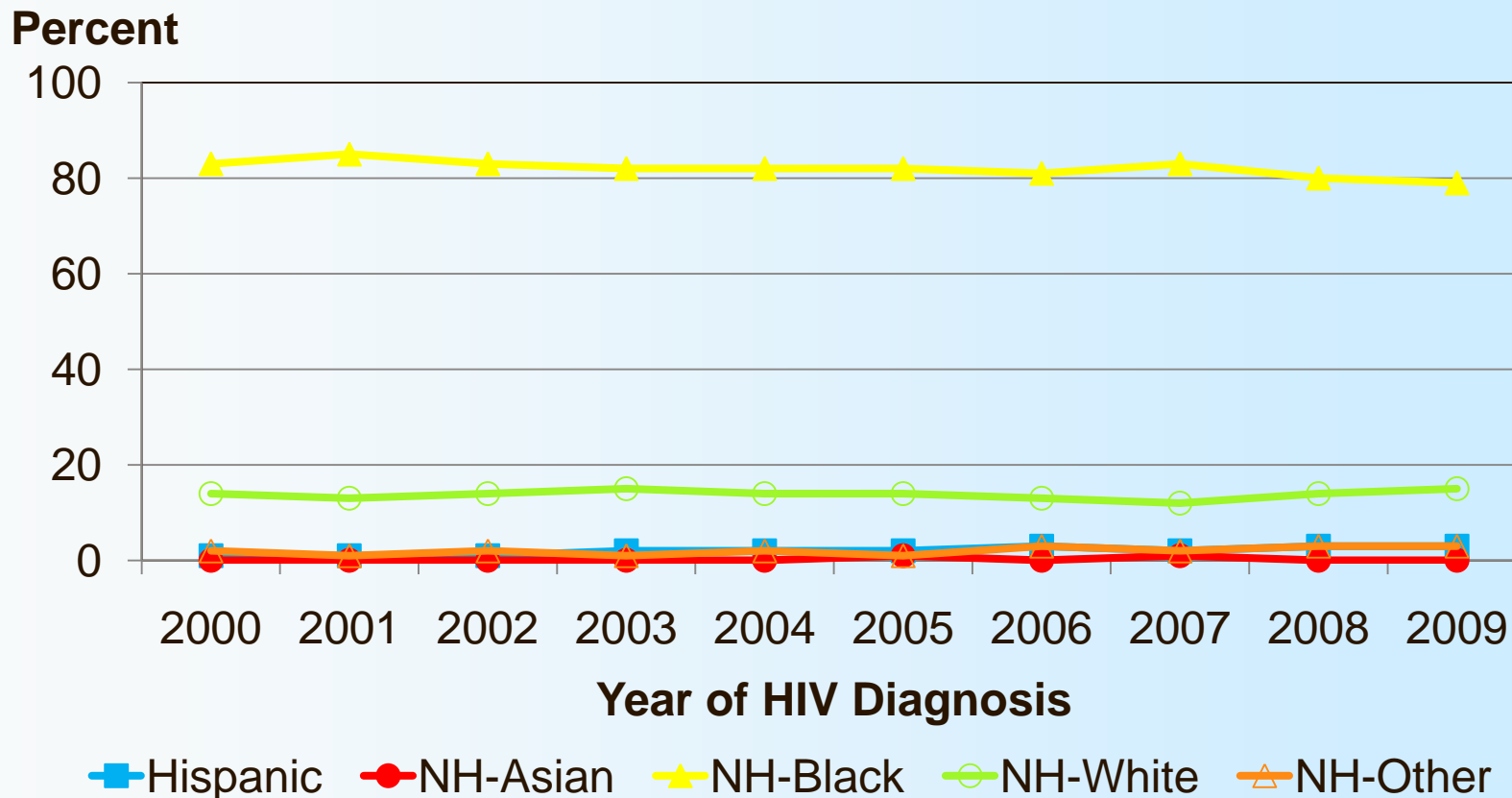


Population on 7/1/09, Cases on 12/31/09
as reported through 12/31/10

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Reported HIV Diagnosis Trends by Race/Ethnicity Baltimore-Towson EMA

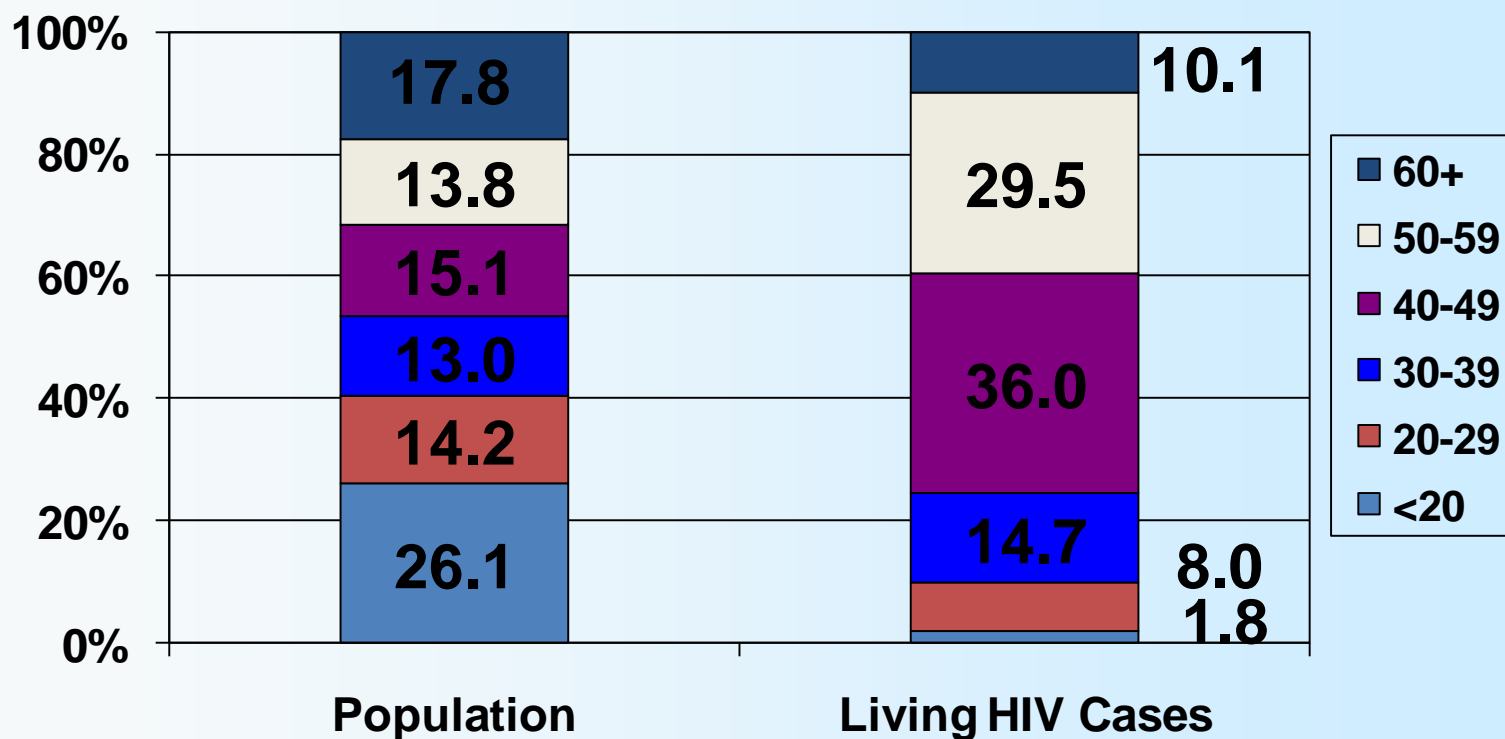


Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Population and Living HIV Cases by Age, Baltimore-Towson EMA

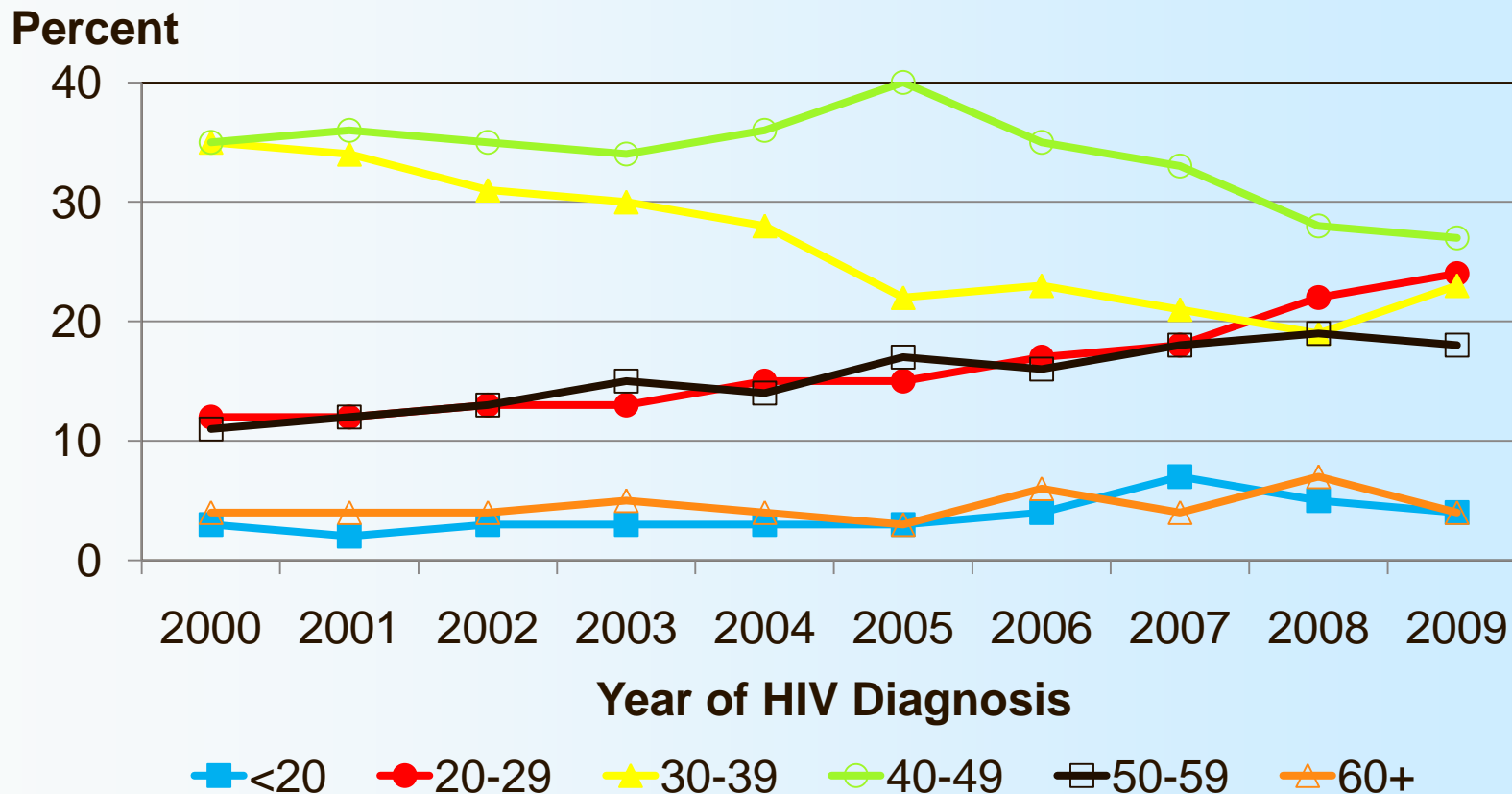


Population on 7/1/09, Cases on 12/31/09
as reported through 12/31/10

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Reported HIV Diagnosis Trends by Age at Diagnosis Baltimore-Towson EMA



Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Risk Categories

MSM: Men who have Sex with Men

IDU: Injection Drug Use

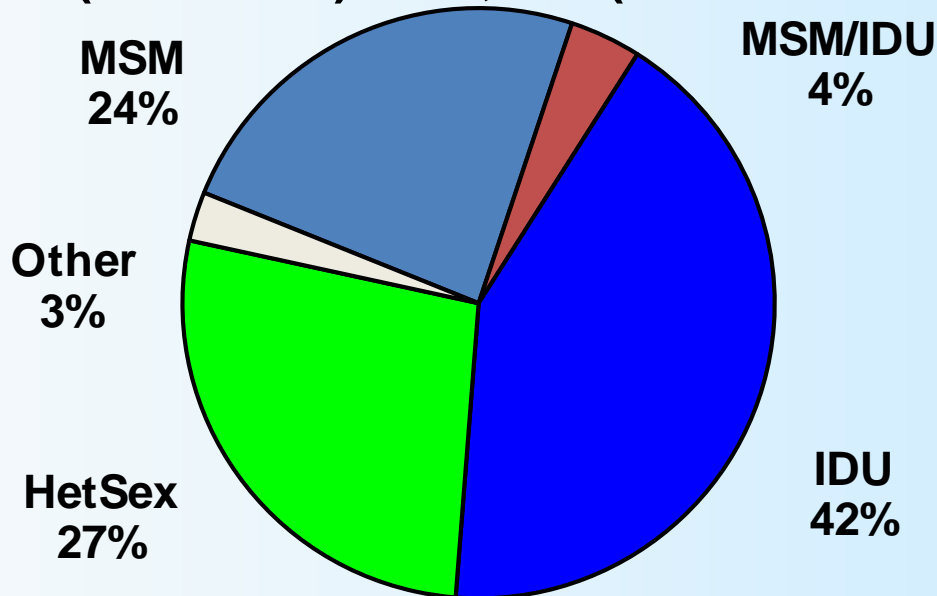
MSM/IDU: Men who have Sex with Men AND Inject Drugs

HetSex: Heterosexual Contact with a Person that has or is at Risk for HIV Infection



Living HIV Cases 12/31/09 by Exposure Category Baltimore-Towson EMA

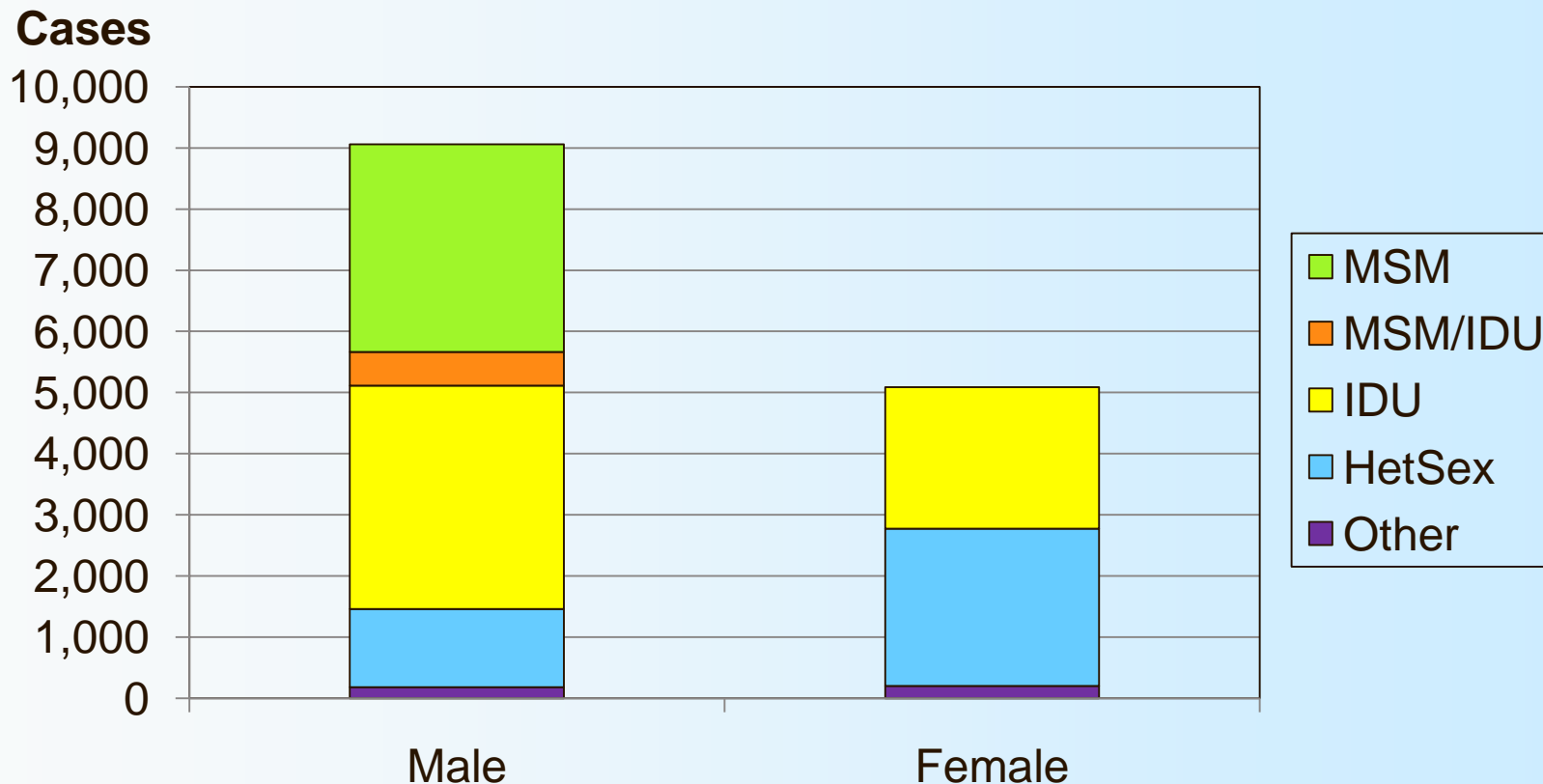
N (with Risk) = 14,184 (83% of Total)



Using data as reported through 12/31/2010



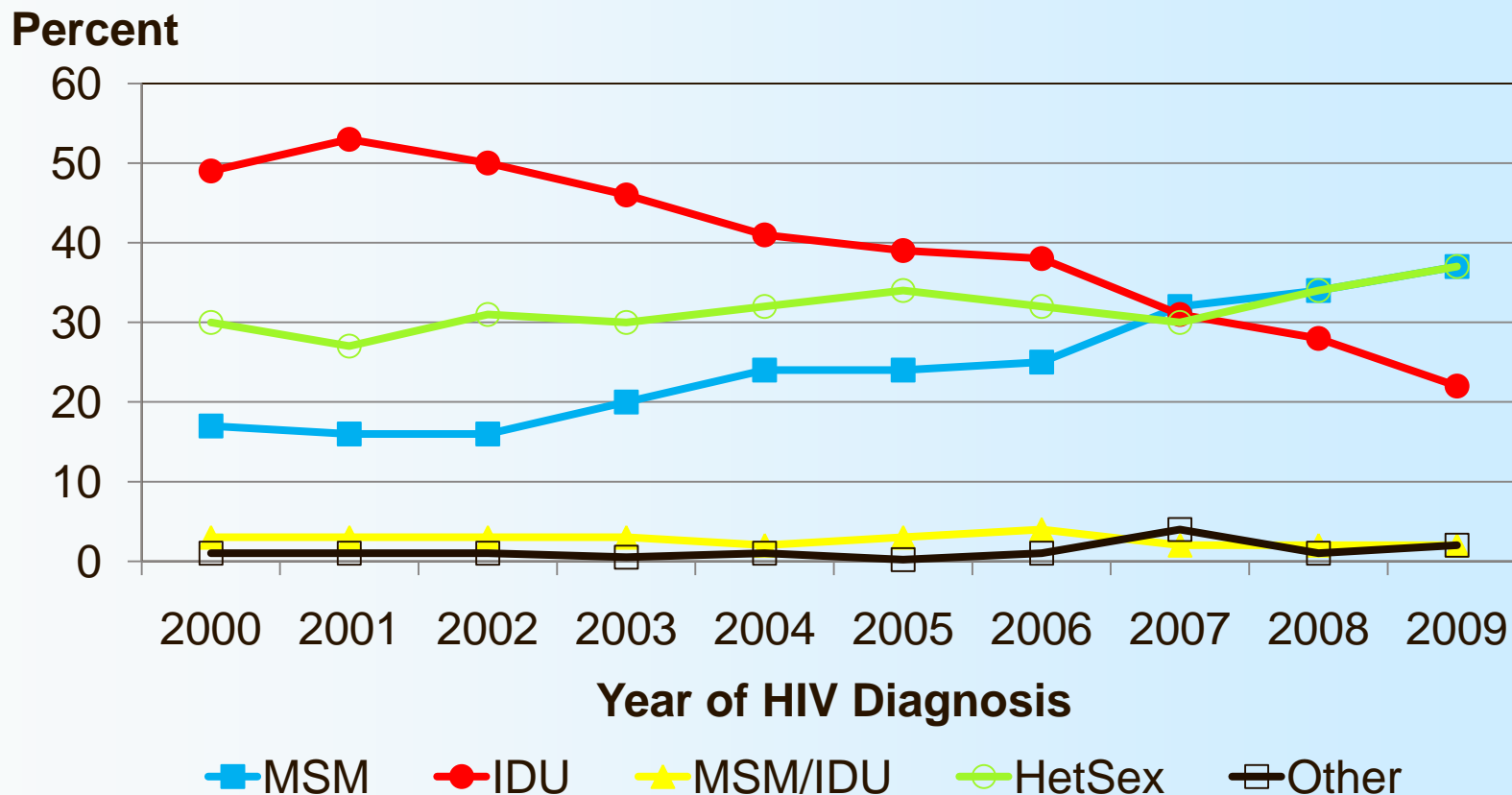
Living HIV Cases 12/31/09 by Risk and Sex at Birth Baltimore-Towson EMA



Using data as reported through 12/31/2010



Reported HIV Diagnosis Trends by Exposure Category Baltimore-Towson EMA



Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



2009 Reported Adult/Adolescent HIV Diagnoses (N=825) Baltimore-Towson EMA



- Linkage to Care: 57% had a CD4 or VL test within 3 months of HIV diagnosis
- CD4 at Diagnosis: 62% had a CD4 test within 12 months of HIV diagnosis, and the median value was 312 cells/microliter
- Late HIV Diagnosis: 27% had an AIDS diagnosis within 12 months of their HIV diagnosis

Using data as reported through 12/31/2010

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Regional Summary



HIV/AIDS in the Baltimore-Towson EMA



- There were 17,378 living HIV cases at the end of 2009 and 829 reported HIV diagnoses during 2009
- Baltimore City had the greatest share of living cases (75%)
- Rates of living cases were 3 times higher in Baltimore City than the EMA average
- HIV was being diagnosed late (27% late, median CD4 312), contributing to many of the AIDS diagnoses (51% had late HIV diagnosis)



HIV/AIDS in the Baltimore-Towson EMA: Demographics

- Males were disproportionately affected (63% of cases vs. 48% of population), and the proportion male was increasing
- Non-Hispanic blacks were disproportionately affected (80% vs. 29%), and the proportion was stable
- Persons 30-59 years old were disproportionately affected (80% vs. 42%), but the proportions were decreasing among 30-49 year olds while increasing among 20-29 and 50-59 year olds



HIV/AIDS in the Baltimore-Towson EMA: Transmission Risk



- Sexual transmission predominates (>51%)
 - Homosexual and heterosexual transmission among men
 - Heterosexual transmission among women
 - Male homosexual transmission proportion was increasing
 - Heterosexual transmission was increasing
- Injection drug use is an important route of transmission (>42%), but the proportion IDU was decreasing

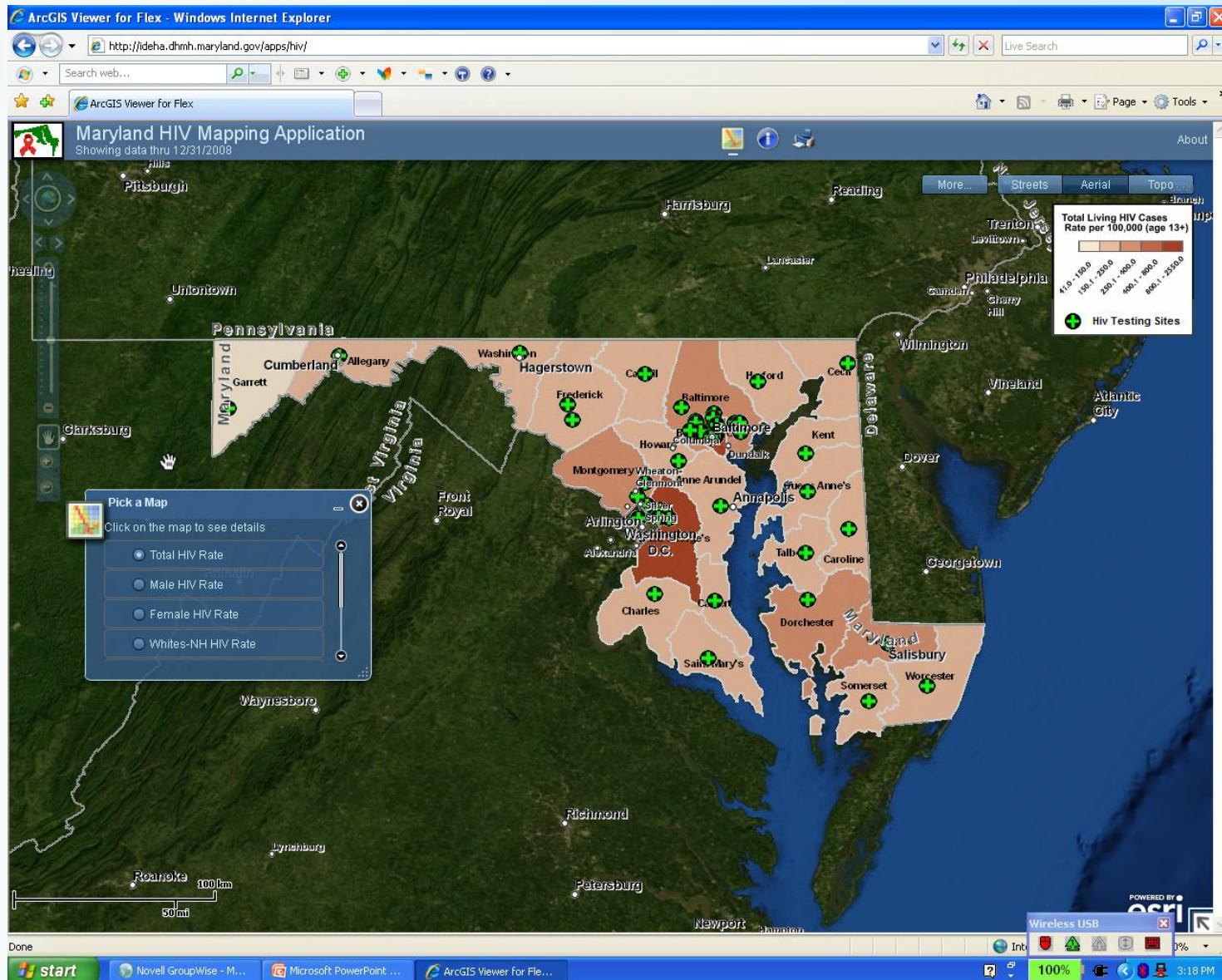


New Epidemiological Products Coming to the New IDEHA Website

- New Epi Profiles for State, Regions, Counties
- New Indicators
 - Linkage to care
 - Late HIV diagnosis
 - CD4 counts at HIV diagnosis
 - Disease state: CD4 and VL levels for living cases
 - Progression: HIV to AIDS, AIDS to death
 - Presumed female heterosexual exposure category
- New HIV Mapping Tool
- New Query-able Database



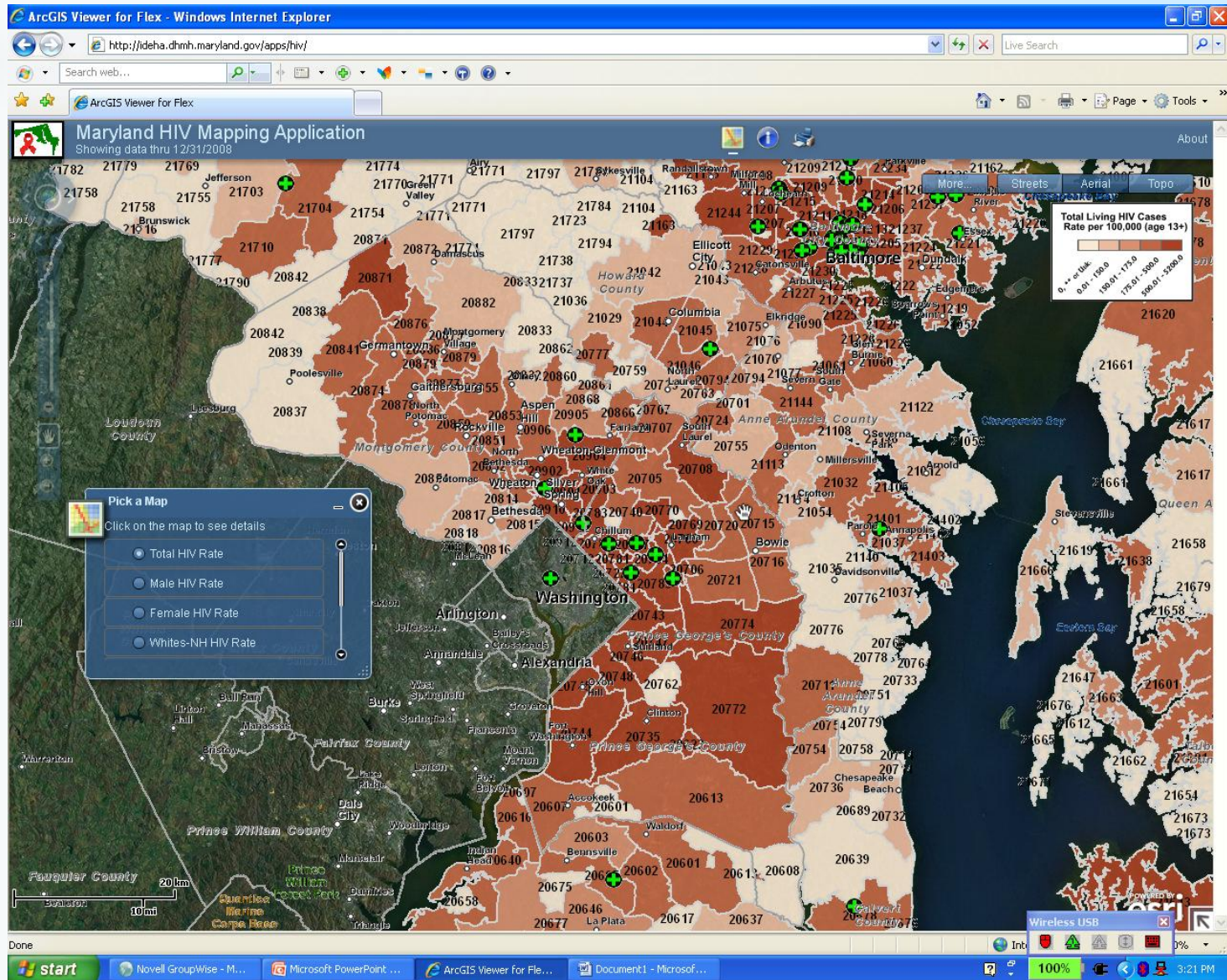
New HIV Mapping Tool



is Disease and
Administration
June 21, 2011



HIV Rates by ZIP Code





Behavioral Surveillance Methods



National HIV Behavioral Surveillance (NHBS)



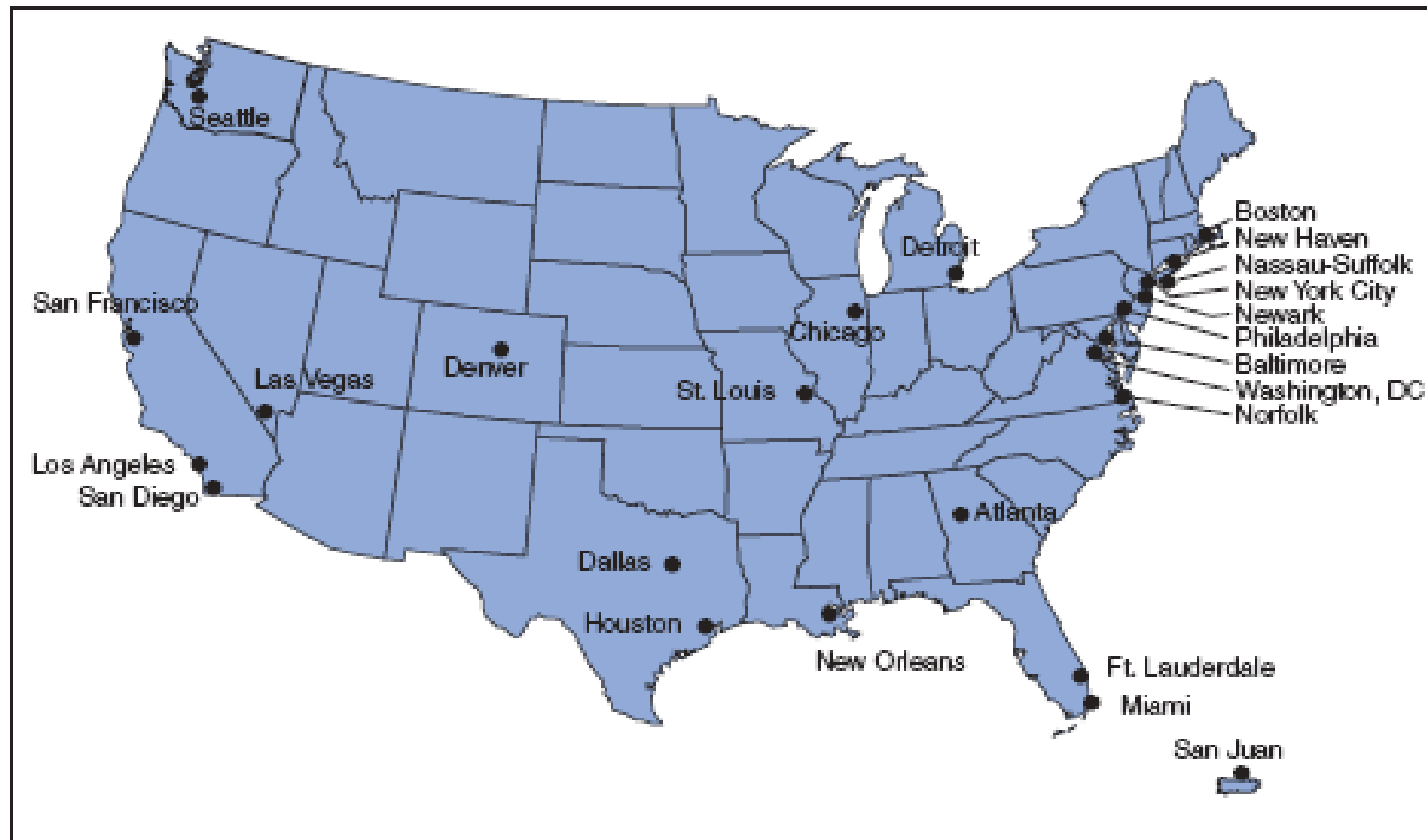
- CDC national project in 25 MSA divisions
- Data collection began in 2004
- DHMH funded for Baltimore-Towson MSA
- Johns Hopkins Bloomberg School of Public Health contracted for field operations



NHBS Sites



FIGURE 1. Participating metropolitan statistical areas in the National Human Immunodeficiency Virus Behavioral Surveillance System — United States





NHBS – Baltimore BESURE

The BEhavioral SUrveillance REsearch Study



BESURE Logistics





NHBS Objectives

- To assess prevalence of and trends in
 - HIV risk behaviors
 - HIV testing behaviors
 - Exposure to and use of prevention services among persons at high risk for infection
 - HIV prevalence and incidence



Case vs. Behavioral Surveillance



Case Surveillance

- Infected population
- HIV positives
- Mandated reporting
- Data abstracted from medical records
- All diagnosed cases (N \approx 30,000 in Maryland)
- Dozens of demographic and clinical variables

Behavioral Surveillance

- Population at risk
- HIV negatives and positives
- Research study
- Data from participant interviews and blood tests
- 500 sampled participants per population per year
- Hundreds of behavioral variables



NHBS Target Populations

- Men who have sex with men (MSM)
- Injection drug users (IDU)
- Heterosexuals at risk for HIV (HET)



NHBS Recruitment Methods

- Venue-based sampling (VBS)
- Respondent-driven sampling (RDS)



NHBS Cycles

	MSM	IDU	HET
Wave 1	VBS 2004-2005	RDS 2006	VBS and RDS 2007
Wave 2	VBS 2008	RDS 2009	RDS 2010
Wave 3	VBS 2011	RDS 2012	RDS? 2013

VBS = venue-based sampling

RDS = respondent-driven sampling



NHBS Data Collection



- Formative Research
- Interview Instrument
 - Demographics
 - Health care utilization
 - Sexual orientation
 - Sex behaviors
 - Drug use
 - HIV testing
 - Health conditions
 - HIV prevention awareness/use



NHBS Data Collection



- Recruitment Data (venue characteristics or referral networks)
- HIV Testing
- Supplemental Testing
- Local Questions



Behavioral Surveillance Data



HET: 2007 AND 2010



HET Overview

	Wave 1 July – Oct 2007	Wave 2 Sept – Dec 2010
Data collection method	Venue – based	Respondent Driven
Total recruited *	332	338
HIV prevalence	3.9%	6.3%
Prevalence unrecognized infection	83.3%	62.5%

*Complete survey and HIV test



Sample Characteristics: HET1 and HET2



Characteristic		Wave 1 (n=332)	Wave 2 (n=386)
Gender	Male	54%	48%
	Female	46%	52%
Race/Ethnicity	Black, not Hispanic *	89%	95%
	White, not Hispanic	4%	2%
	Other	8%	3%
Age	18-24	24%	25%
	25-34	27%	26%
	35-44 *	33%	17%
	45 or older *	16%	32%
Education	Less than high school	37%	42%
	High school grad or GED	42%	44%
	More than high school *	20%	14%

* $p < 0.05$



Sample Characteristics: HET1 and HET2

Characteristic		Wave 1 (n=332)	Wave 2 (n=386)
Employment	Full or part-time *	41%	25%
	Disabled for work *	11%	16%
	Unemployed *	36%	45%
Homelessness	Current *	10%	19%
	Past year *	24%	39%
Arrested in past year	Yes	29%	24%
Health insurance	Yes *	48%	63%
Healthcare provider in past year	Yes	78%	74%
Ever injection drug use	Yes	21%	22%
Drug use in past year	Injection drug use	13%	9%
	Crack use	22%	17%

* $p < 0.05$



IDU: 2006 AND 2009



IDU Overview

	Wave 1 Aug 2006 – Jan 2007	Wave 2 Sept – Dec 2009
Data collection method	Respondent Driven	Respondent Driven
Total IDU in past year recruited *	539	507
HIV prevalence	11.9%	16.2%
Prevalence unrecognized infection	50%	48%

*Complete survey and HIV test



Sample Characteristics: IDU1 and IDU2



Characteristic		Wave 1 (n=539)	Wave 2 (n=507)
Gender	Male	61%	73%
	Female *	38%	27%
Race/Ethnicity	Black, not Hispanic *	54%	80%
	White, not Hispanic	41%	16%
	Other	6%	4%
Age	18-34	27%	14%
	35-44	42%	23%
	45 or older *	31%	64%
Education	Less than high school	48%	43%
	High school or more	52%	57%
Homelessness past year	Yes	58%	54%
Arrested in past year	Yes	47%	44%
Hepatitis C diagnosis	Yes *	29%	50%

* $p < 0.05$



Sample Characteristics: IDU1 and IDU2

Characteristic		Wave 1 (n=539)	Wave 2 (n=507)
Years since first IDU	10 or more *	61%	86%
Daily IDU	Yes *	79%	90%
Crack use past year	Yes	46%	43%
Used someone's needle past year	Yes *	53%	28%
Always used sterile needle past year	Yes	24%	25%
Used someone's cooker, cotton, water past year	Yes	64%	69%

* $p < 0.05$



MSM: 2004/2005 AND 2008



MSM Overview

	Wave 1 June 2004 – Apr 2005	Wave 2 Jul – Nov 2008
Data collection method	Venue – based	Venue – based
Total MSM in past year *	645	448
HIV prevalence	37.7%	37.5%
Prevalence unrecognized infection	58.4%	78.4%

*Complete survey and HIV test

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Sample Characteristics: MSM1 and MSM2

Characteristic		Wave 1 (n=645)	Wave 2 (n=448)
Race/Ethnicity	Black, not Hispanic *	63%	71%
	White, not Hispanic *	31%	23%
	Other	6%	5%
Age	18-24 *	24%	31%
	25-34	26%	30%
	35-44 *	31%	24%
	45 or older	18%	15%
Education	High school or less	49%	48%
	College or some college	45%	45%
	Graduate education	6%	6%
Sexual identity	Homosexual	63%	68%
	Bisexual	32%	30%
	Heterosexual or other *	5%	2%
Current homelessness	Yes *	3%	6%

* $p < 0.05$



Sample Characteristics: MSM1 and MSM2



Characteristic		Wave 1 (n=645)	Wave 2 (n=448)
Sex partners in past year	Men only *	67%	76%
	Men and women *	33%	24%
# male partners past year	1	26%	24%
	2-3 *	28%	34%
	4-8	23%	26%
	9 or more *	23%	16%
Unprotected anal sex past year	Yes *	53%	36%
Ever IDU	Yes *	17%	6%
Non-injection drugs past year	Yes *	49%	59%
Ever tested for HIV	Yes	87%	90%
Health insurance	None	36%	37%
	Public	23%	19%
	Private	41%	44%
Doctor's visit past year	Yes	77%	81%

* $p < 0.05$



Unrecognized HIV Infection (MSM2): Socio-demographic



Characteristic		Total % (n=448)	HIV+ % (n=168)	Unrecog % (n=125)	P.R.
Race/Ethnicity	Non-Hispanic White	31%	18%	47%	Ref
	Non-Hispanic Black	62%	45%	77%	-
	Other	6%	25%	100%	2.1 *
Age	< 24	24%	29%	85%	Ref
	25-34	26%	42%	75%	-
	35-44	30%	40%	79%	-
	> 45	18%	43%	50%	0.6 *
Education	Graduate education	49%	29%	50%	Ref
	College or some coll	45%	34%	77%	-
	High school or less	6%	42%	76%	-
Homelessness	Current	3%	41%	73%	-
Sexual identity	Homosexual	63%	39%	72%	Ref
	Bisexual	32%	35%	81%	-
	Heterosexual/other	5%	20%	50%	-

* $p < 0.05$, Ref = reference group, P.R. = prevalence ratio



Unrecognized HIV Infection (MSM2): Sex and Drug



Characteristic		Total % (n=448)	HIV+ % (n=168)	Unrecog % (n=125)	P.R.
# of male sex partners, past year	1	26%	34%	76%	Ref
	2-3	28%	35%	74%	-
	4-8	23%	44%	76%	-
	9 or more	23%	39%	70%	-
Sex partners in past year	Men only	67%	40%	71%	Ref
	Men and women	34%	30%	88%	1.2 *
Unprotected sex in past year	None	47%	35%	73%	Ref
	With main partners only	25%	33%	81%	-
	With casual/exchange partners	27%	52%	74%	-
Substance use	Ever IDU	17%	30%	74%	-
	Non-injection drug use in past year	49%	41%	79%	-

* $p < 0.05$, Ref = reference group, P.R. = prevalence ratio



Unrecognized HIV Infection (MSM2): Health Services



Characteristic		Total % (n=448)	HIV+ % (n=168)	Unrecog % (n=125)	P.R.
Ever told had STD	Yes	16%	51%	66%	-
Health insurance	No health insurance	36%	40%	80%	Ref
	Public	23%	48%	73%	0.9 *
	Private	41%	31%	68%	-
Visit doctor's office in past year	Yes	77%	39%	71%	0.8 *

* $p < 0.05$, Ref = reference group, P.R. = prevalence ratio

Maryland Infectious Disease and
Environmental Health Administration
June 21, 2011



Characteristics Associated with Unrecognized HIV Infection: Multivariate

Characteristic		Total % (n=448)	HIV+ % (n=168)	Unrecog % (n=125)	P.R.	A.P.R.
Race/Ethnicity	Non-Hispanic White	31%	18%	47%	Ref	Ref.
	Non-Hispanic Black	62%	45%	77%	1.6	-
	Other	6%	25%	100%	2.1 *	-
Age	< 24	24%	29%	85%	Ref	Ref.
	25-34	26%	42%	75%	0.9	-
	35-44	30%	40%	79%	0.9	-
	> 45	18%	43%	50%	0.6 *	0.7 *
Visit doctor's office	Yes	77%	39%	71%	0.8 *	0.8 *

* $p < 0.05$, Ref = reference group, P.R. = prevalence ratio, A.P.R. = adjusted prevalence ratio



Where to get more:

<http://ideha.dhmfh.maryland.gov/chse>



Maryland Infectious Disease and Environmental Health Administration

<http://ideha.dhmfh.maryland.gov>